

Help your employees take charge of their health

Our Sydney Health mobile app gives them access to health plan information and doctors — from anywhere.

Your employees have ongoing access to many valuable benefits. With the Sydney Health app, they can take advantage of features that help them save time, money, and manage their health, including:



Estimate costs



Check symptoms



Find care



Chat with a doctor



Access claims



Check benefits



View ID cards



Order medicine



Manage healthcare spending accounts

Motivate your employees to download the app



Our Sydney Health toolkit is filled with personalized information and how-to's your employees can use right away.

[View the toolkit »](#)

Anthem

All the materials you need to get started with the Sydney Health app



Sydney Health flyer

Distribute this flyer to help your employees understand the benefits of the app and how to use it.



Find Care flyer

Let your employees know how our Care and Cost Finder tool can help them search for doctors and dentists, and compare costs.



My Health Dashboard flyer

Share this guide to help your employees meet their health goals.



Email

Share highlights of the smart new app.



My Health Records flyer

Share this flyer to let your employees know about this helpful health records tool.



Introductory video

Post to your intranet site or internal social feed to generate excitement.



Connect with us flyer

Give this flyer to employees for help with checking their symptoms and connecting with a health professional, whenever, wherever.



Blog post/Intranet article

Remind employees to download the app by posting this on your company intranet.



Sydney Health Symptom Checker, Text Chat, Video Chat flyer

A valuable resource for employees, this flyer covers the basics of how to get care from a mobile device.



FAQs

Help employees understand the specifics of how the app works.

Do you have questions about Sydney Health or these materials?

Reach out to your broker or Anthem Blue Cross and Blue Shield team — they're ready to help.



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